



◆ Request for Kids Swimming School Students

- ① Take your temperature and answer some questions on the application of CODOMON before 10 minutes to start your lesson.
- ② Wear a swimsuit under your clothes before you arrive and do not spend a long time in the changing room in order to avoid crowding.
- ③ Please, come to the pool 5 minutes before the lesson starts. After the lesson, students will use the tub and take a shower in groups separate from the younger children. Therefore, please note that students will return about 5 minutes before or after the others depending on their group.
- ④ Wear face masks at all times except for when taking a lesson.
- ⑤ Please maintain a physical distance.
- ⑥ Parents should avoid spending any unnecessary time in our facilities. Also, please refrain from taking conversation when using our viewing area.
- ⑦ We will stop communicating face to face with parents after classes for the time being.

◆ Please do not use HILLS SPA facilities if you...

- Are experiencing cold-like symptoms (repeated coughing, sneezing, etc.), even if mild.
- Have a fever, or have had a fever during the preceding 48 hours.
- Feel especially fatigued or listless, or are having trouble breathing.
- Are coughing or having phlegm, or feeling chest discomfort.
- Notice anything abnormal (however mild) in your sensations of taste or smell.
- Have had any close contact with anyone who has tested positive for COVID-19.
- Are still within the government-mandated 14-day selfquarantine period following entry into the country or region, or have been in close contact with such a person.
- Have been in close contact with anyone who displays the above symptoms or meets any of the conditions specified above.

Certain inconveniences will continue to be imposed as part of operations going forward; HILLS SPA humbly asks for your understanding in this matter.